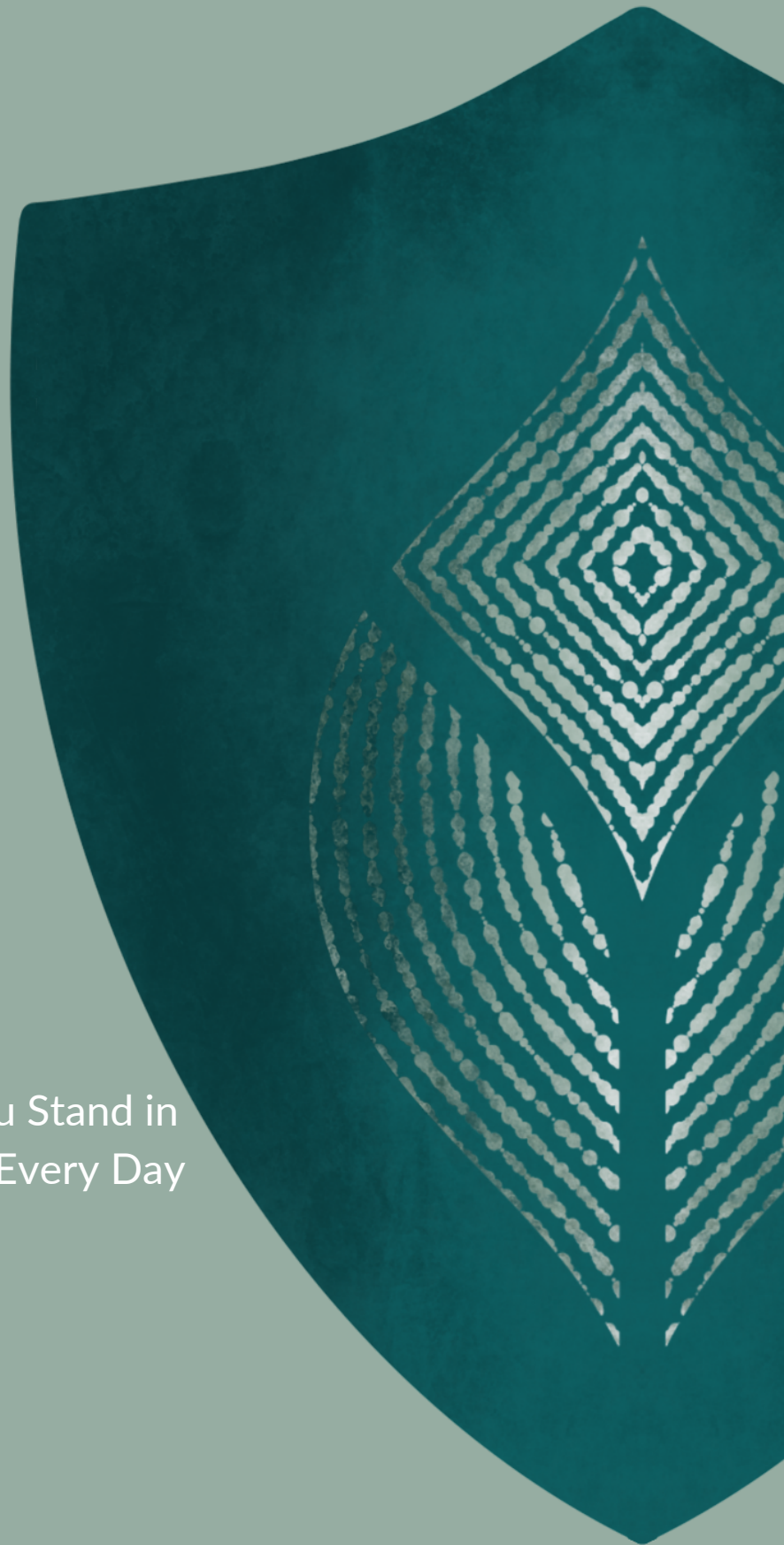
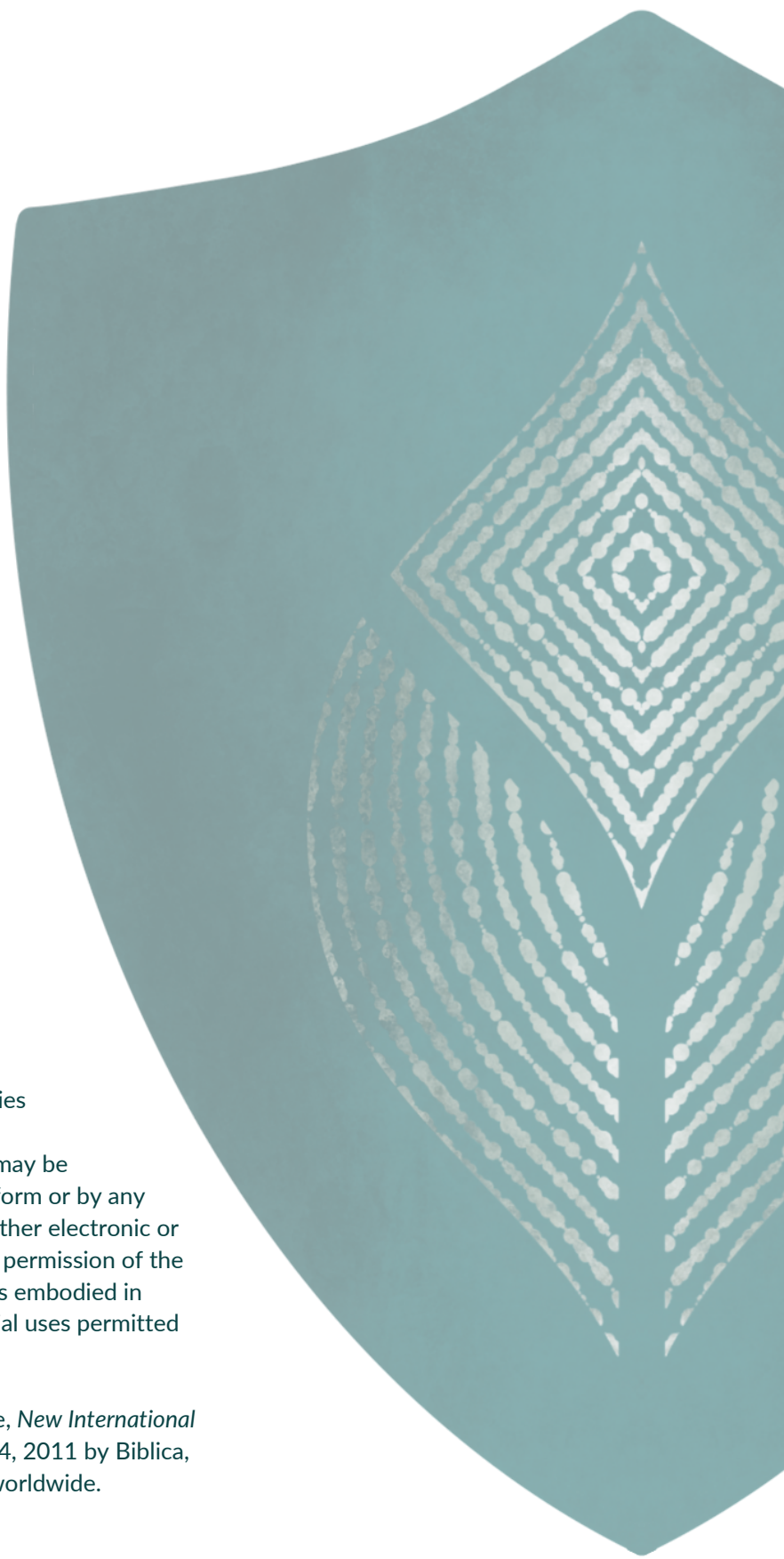


PUTTING ON THE
ARMOR
of **GOD**

SCRIPTURE CARDS

20 Bible Verses to Help You Stand in
the Victory of Jesus Christ Every Day





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Hello Friend!

I'm so glad you downloaded these Scripture Cards! I hope they encourage your heart on the hard days when spiritual warfare presses down and your heart feels overwhelmed.

When it comes to spiritual warfare, I didn't quite know what I believed growing up. I mean, yeah, I thought it must be real. But some Christians I looked up to rarely acknowledged the forces of darkness, while others seemed to blame them for every flat tire and blown diaper. I found myself wondering what approach God would have me take.

I found great wisdom in C. S. Lewis' cautioning words: "There are two equal and opposite errors into which our race can fall about the devils. One is to disbelieve in their existence. The other is to believe, and to feel an excessive and unhealthy interest in them."

The solution, then, is neither to ignore dark spiritual forces nor to obsess about them. Rather, Scripture calls us to fix our eyes on Jesus our Victor, the author and perfecter of our faith, and to fill our minds with truth as our first and primary weapon against the enemy (see Hebrews 12:1-3 and 2 Corinthians 10:5). As I've navigated my own spiritual battles over the past two decades of walking with God, that's what I've tried to do: keep my eyes on Jesus, and fill my mind with His truth.

So that's what I humbly offer you in these pages. I've hand-selected my favorite passages to memorize and meditate on when it comes to spiritual warfare, putting on the armor of God, and standing in the victory of Jesus. I've also included short prayers to help you fix your heart, your mind, and your attention on Jesus, so that you may stand firm in Him. And if you want to go deeper, make sure you scroll to the end for the bonus devotionals.

I hope these cards serve as reminders to turn your face toward Jesus no matter what struggle you're facing each day. Print them out, cut them apart, and post them above your kitchen sink, next to the washing machine, or on the front of your fridge. Fill your mind with God's Word, and you will grow to become aware of His loving presence with you, surrounding you, and filling you by His own Spirit within you.

May we learn to stand in the finished work of Jesus as we put on the armor He has so graciously given us! For one day, we will finally exchange our battle armor for brilliant wedding clothes and step into an eternity of joy, peace, and rest with Him.

Cheering you on!

Asheritah



INSTRUCTIONS

- Download this PDF to your computer.
- Print pages 5-8 front and back, in color ink if desired.

1 of 4

Printer: Canon MG5500 series

Presets: Default Settings

Copies: 1 Black & White Two-Sided

Pages: All
 Selected Page in Sidebar
 From: 5 to: 8

Paper Size: US Letter 8.50 by 11.00 inches

Orientation: Portrait Landscape

Preview

Auto Rotate Show Notes

Scale: 91%

Scale to Fit: Print Entire Image
 Fill Entire Paper

Copies per page: 1

Hide Details PDF Cancel Print

- Optional: Laminate the pages at your local office supply store for increased durability.
- Cut out the cards on the dotted lines.
- Place the Armor of God Scripture Cards wherever you will see them regularly or with your Bible Study and prayer supplies.
- Use the prompts on the back of the cards turn the verses into prayers, even saying them out loud, and ask God to help you stand firm in the victory of Christ. Then experience the peace, confidence, and hope that comes when God's truth transforms your heart and mind.



“Finally, be strong in the Lord and in his mighty power. Put on the full armor of God, so that you can take your stand against the devil’s schemes.”

EPHESIANS 6:10-11

“For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.”

EPHESIANS 6:12

“Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand.”

EPHESIANS 6:13

“Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the gospel of peace.”

EPHESIANS 6:14-15

“Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.”

JOHN 14:27

“In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one.”

EPHESIANS 6:16

“After this, the word of the Lord came to Abram in a vision: ‘Do not be afraid, Abram. I am your shield, your very great reward.’”

GENESIS 15:1

“Take the helmet of salvation and the sword of the Spirit, which is the word of God.”

EPHESIANS 6:17

“For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart.”

HEBREWS 4:12

“And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord’s people.”

EPHESIANS 6:18

Father, open my eyes to recognize that my real enemy is not people I disagree with, but the devil and his minions. Make me quick to turn to You when I encounter spiritual warfare, for the victory belongs to You alone.

Almighty God, I praise You because You have already won the battle against the enemy of my soul. Thank You that I get to stand in the finished work of Jesus and rest in His victory.

Lord Jesus, help me become aware of any lies that have taken hold in my mind. In Your Name, I take every thought captive and make it submissive to You. I put on Your righteousness as my shield and stand firm in You, my Prince of Peace.

Lord, place an urgency in my heart and soul, that I might put on Your armor every day. Awaken me to the reality of the spiritual warfare that's happening all around me, and strengthen me to stand firm in the victory of Christ Jesus.

When the enemy slings his fiery darts at me, I rejoice in Your promise to defend me, Lord God. You are my shield and my protector. My heart trusts in You, and I am helped.

Even when chaos rages around me and anxiety threatens to overwhelm me, thank You, Jesus, for guarding my heart and mind with Your perfect peace.

Precious Jesus, there is salvation in no other name but Yours. Thank You for saving me and equipping me with the sword of Your Word. Teach me to wield it well when temptation and despair strike close.

Lord God, You are my Shield, my Strength, my Rock, my Fortress, and my Deliverer. No stronghold can stand against Your mighty power! When I am afraid, help me trust in You alone.

Thank You, precious Father, for inviting me to call on You—anytime, anywhere, for anything. Help me stay in constant conversation with You all day long.

Father, teach me how to correctly handle the Word of Truth, not as a weapon against those who think differently than me, but rather as a mirror to search my own heart and a light to direct my soul.

"In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us through wordless groans."

ROMANS 8:26

"And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for God's people in accordance with the will of God."

ROMANS 8:27

"For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds."

2 CORINTHIANS 10:3-4

"We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ."

2 CORINTHIANS 10:5

"Then I heard a loud voice in heaven say: 'Now have come the salvation and the power and the kingdom of our God, and the authority of his Messiah. For the accuser of our brothers and sisters, who accuses them before our God day and night, has been hurled down.'"

REVELATION 12:10

"They triumphed over him by the blood of the Lamb and by the word of their testimony; they did not love their lives so much as to shrink from death."

REVELATION 12:11

"Therefore rejoice, you heavens and you who dwell in them! But woe to the earth and the sea, because the devil has gone down to you! He is filled with fury, because he knows that his time is short."

REVELATION 12:12

"Then I heard what sounded like a great multitude, like the roar of rushing waters and like loud peals of thunder, shouting: 'Hallelujah! For our Lord God Almighty reigns.'"

REVELATION 19:6

"Let us rejoice and be glad and give him glory! For the wedding of the Lamb has come, and his bride has made herself ready. Fine linen, bright and clean, was given her to wear.' (Fine linen stands for the righteous acts of God's holy people.)"

REVELATION 19:7-8

"Then the angel said to me, 'Write this: Blessed are those who are invited to the wedding supper of the Lamb!' And he added, 'These are the true words of God.'"

REVELATION 19:9

Thank You, God, for not abandoning us on the battlefield. Rather, You continue to stand with us through Your own Spirit interceding on our behalf. How reassuring to know that I am not alone because You are with me.

Thank You, Jesus, for placing Your own Spirit within me. When I don't know what to say, I know that You continue to pray. So help me come to You even when I have no words.

Your Name is powerful, King Jesus. So in Your Name I tear down any sinful thoughts or habits that have ensnared me, and I make them obedient to You. Show me the way, and I will walk in Your truth.

Oh King Jesus, Yours is the victory! Thank You for giving us spiritual armor divinely empowered to demolish strongholds. Teach me how to take up these weapons so that the enemy will never gain a foothold in my life.

Jesus, You are the Lamb of God who was slain for the sins of the world and you are also the victorious King who has claimed victory over Satan. Let us never forget Your sacrifice. Help us to love You more than our own lives.

God, we praise You for Your salvation. There is no place in this world where we can go that we would be too far for Your arm to save. Day after day, You continue rescuing us when we cry out to You.

Thank You for the promised final victory to come, for the hope that animates us in the midst of today's battle. You, Christ Jesus, have overcome. We praise You today.

Lord God, Yours is the power, authority, kingdom, and dominion over all of heaven and earth. We praise You that Satan has no power except for what You have sovereignly allowed. Thank You that his time is short.

Jesus, thank You that one day, You will make all things new and we will dwell with You forever. Thank You for inviting us to join You in the New Creation. Our hope lies in You alone.

Jesus, thank You for the privilege of being Yours. Thank You that this battle is not all there is. One day, this battle will end and we will sit down at the Marriage Supper of the Lamb and enjoy You forever!

PUTTING ON THE ARMOR *of* GOD

A 5-Day Devotional to Help you Stand in the Victory of Christ Jesus Every Day

DAY 1 | THE CALL TO ENGAGE

Do you feel like there's a war being waged around you?

I mean, not just politically in different parts of our global world, but spiritually around us? A battle being waged for the souls of this generation... If that resonates with you, then know that scripture says it's true. There is a real war, and we are called to engage in it.

Since the serpent tricked Eve into eating the forbidden fruit in the garden, Satan's sole purpose has been to keep us running away from God. Our society's obsession with money, sex, and power are not a random phenomenon. Satan will use whatever tool he can to distract us from seeking satisfaction in God.

We need to fight mind, body, soul, and spirit against the devils' schemes. But we are not called to engage in this spiritual battle in our own strength:

"Finally, be strong in the Lord and in his mighty power. Put on the full armor of God so that you can take your stand against the devil's schemes."

- Ephesians 6:10-11 -

We are to be strong in the Lord, to stand in His mighty power. He is our firm foundation and He equips us for this spiritual battle. He provides a full armor for our protection against and victory over the enemy. The good news is that Jesus has already won the battle against the enemy of our souls. Do you realize that the same power that resurrected Jesus from the dead is the same power living inside of you? (Romans 8:11)

Jesus invites us to walk out that victory by taking a stand in His strength. Where in your life might He be calling you to stand against the enemy? Even with the awareness of Christ's victory, it can feel daunting to stand against Satan. But God is faithful to prepare us for battle with His own armor. You do not have to fear!

Over the next 5 days, we will be resting in the victory of Christ together. You can also follow along on the Prayers of REST Podcast by listening to [Season 8: Putting on the Armor of God](#).



DAY 2 | THE REAL ENEMY

A quick scan of today's newspaper headlines shows so many people who are doing things that seem contrary to the will of God, and it's easy to become angry with them.

It's easy to see their faces and vilify them and somehow think they are the enemy. We just need to figure out how to defeat these people and then we win. But Scripture says, that's not our real enemy. We have a real enemy. Do we know who he is? And do you know how to defeat him?

“For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.”
- Ephesians 6:12 -

Satan is the real enemy, not the people I disagree with around me. When we make people the enemy, we attack people. But that's not where the deepest and the truest struggle lies. As followers of Jesus, we are already promised victory over the forces of sin and darkness that wreak chaos and confusion around us. This frees us to love people while devoting ourselves to wage spiritual warfare against our true enemy.

Your first response must be to turn to the Lord when you sense Satan's intrusion in your life and in the life of those around you. Satan's attacks are real, but so is the power and victory of Jesus over evil and injustice.

In your trials and spiritual battles, I encourage you to boldly call on His name, for there is victorious power in the name of Jesus:

- "In the name of Jesus, I command every wicked spirit to leave my presence."
- "In the name of Jesus, I denounce the powers of darkness that oppress my loved ones."
- "In the name of Jesus, I repent of making other people the enemy."

As those who are united with Jesus, "we are more than conquerors through him who loved us" (Romans 8:27). With the Apostle Paul, you also can be assured:

“That neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.”
- Romans 8:38-39 -



DAY 3 | THE FULL ARMOR OF GOD

Have you ever had that terrible dream where you're in a public place and you're in your underwear?

I have, and it's terrifying because none of us in our right mind would wake up and forget to put clothes on. But every day we do that spiritually. We forget to put on our spiritual clothing. We forget to put on the armor of God. Every day we are stepping out into the world unprepared, unclothed to engage in the spiritual warfare that's happening. So today I invite you, will you put on the armor of God so that you might stand your ground in today's battle?

“Therefore, put on the full armor of God so that when the day of evil comes, you may be able to stand your ground and after you have done everything, to stand.”

- Ephesians 6:13 -

The reality is that we never know what kind of day we are going to have. There are going to be days when we feel like we are pushed to our very limit. Those days when you are on the verge of either blowing up or melting down (or both?). Jesus recognizes that we are going to face days of testing when He prays in the Lord's Prayer, “deliver us from evil.”

We prepare for our worst days by being rooted and grounded in Christ. The full armor of God provides full protection over every part of our daily life. Putting on the full armor of God does not mean we won't face spiritual warfare, but it does mean that we will not fall:

“The Lord makes firm the steps of the one who delights in him; though he may stumble, he will not fall, for the Lord upholds him with his hand.”

- Psalm 37:23-24 -

The Lord is faithful to keep us standing. How generous He is!



DAY 4 | DEMOLISHING STRONGHOLDS

When it comes to spiritual warfare, I'll be the first to admit there's a lot I don't know.

I feel like an absolute kindergartner when it comes to these things, but I can read Scripture and recognize that there are realities at work that I might not understand with my mind, but that doesn't mean they're not true. And one of those spiritual realities is that there are strongholds in this world. There are strong towers set up by the enemy that is hard ground to gain.

“For though we live in the world, we do not wage war as the world does, the weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. So we demolish arguments and every pretension that sets itself up against the knowledge of God. And we take captive every thought to make it obedient to Christ.”

- 2 Corinthians 10:3-5 -

In my life, I've seen that in the stronghold of food fixation, where I felt like I just can't overcome this obsession. And yet I've experienced in my life the power of Christ Jesus to demolish those strongholds. First, I want you to know that you are certainly not alone. Christ sees you in your battles and you can depend on His strength. He has no limitations, and He has no equal.

When Jesus came into this world, He Himself confronted the strongholds that seek to keep us in fear and bondage. On the cross, He triumphed over the principalities and powers of sin and death, putting them to open shame (Colossians 2:15). The writer of Hebrews tells us that in Jesus, we have a high priest who is able to empathize with our weaknesses because he “has been tempted in every way, just as we are – yet he did not sin” (Hebrews 4:15 NIV).

When Satan tempted Jesus in the wilderness, Jesus armed Himself with God's Word and was able to take His stand against the manipulations of the evil one. Scripture is our greatest weapon. God's promises have the divine power to demolish strongholds. Reading the Bible daily and meditating on God's truth accelerated my journey to freedom from food fixation. Knowing Christ intimately grows my faith and sense of satisfaction in God, starving my appetite for the lies and false comfort that strongholds promise but can never deliver.

What are the strongholds in your life? Where are you desperate to experience freedom? Turn to the Lord and arm yourself with the steadfast and sure promises of his Word. He will equip you with the supernatural weapons you need to withstand the supernatural battle you are in.



DAY 5 | THE FINAL VICTORY

There are times when I'm reading a novel and there's a battle scene that is just so intense, or there's a season for the protagonist that is just so hopeless, that part of me wants to skip forward to the end and just make sure, like, is everyone gonna be okay?

And I wonder sometimes if we wish we had the end of our story. In the midst of the hard that we're going through, in the midst of the very real spiritual warfare that we are a part of, the truth is we do have the end of the story and it gives us great hope.

***“And I heard a loud voice in heaven, saying, “Now the salvation and the power and the kingdom of our God and the authority of his Christ have come, for the accuser of our brothers has been thrown down, who accuses them day and night before our God. And they have conquered him by the blood of the Lamb and by the word of their testimony, for they loved not their lives even unto death. Therefore, rejoice, O heavens and you who dwell in them!”
- Revelation 12:10-12a -***

Jesus is coming again not to destroy this world but to redeem it. One day soon, He will set all things right, and He will make all things new, and we will dwell with Him forever. Our hope lies in Christ alone.

Spiritual warfare is intense and overwhelming. There is a very real weight and burden. The heaviness may be relational in nature, or it may be physical. The burdens could come from our jobs or the upkeep of our homes. From our marriage or the needs of our children. No matter how we are weighed down, we are all in need of hope.

We must look to Christ and His coming kingdom. This will give us hope and a reason to rejoice in the midst of the hard. As Ann Swindell beautifully writes, “In Christ, we cannot be ultimately buried by our circumstances or our sin, because He has overcome the grave. No matter what we face today, there is a day coming when all overwhelm will finally be overwhelmed—when death will be swallowed up by life!”

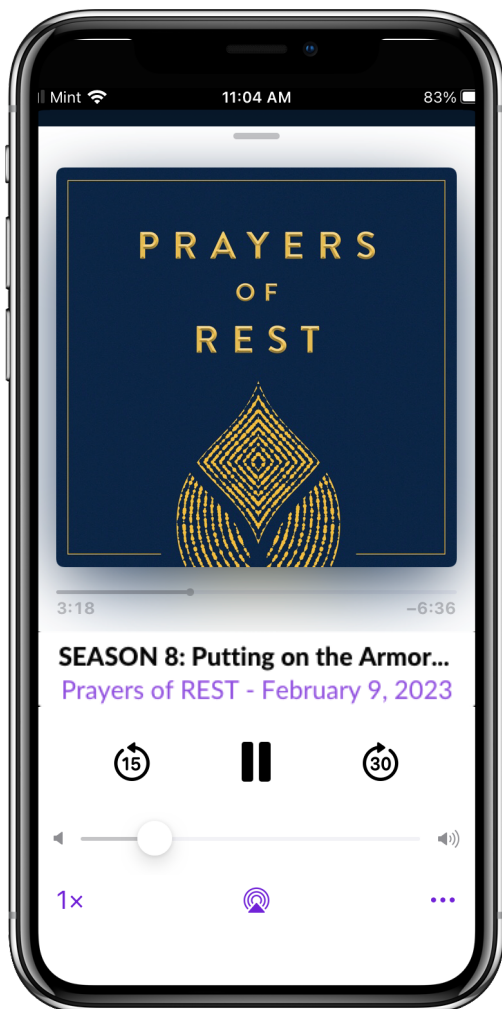
This is the hope we need to cling to. This ending is a sure anchor for us! We will be united with Jesus forever! Amen?



NEXT STEPS | THE PRAYING DOESN'T STOP HERE!

You Did it!

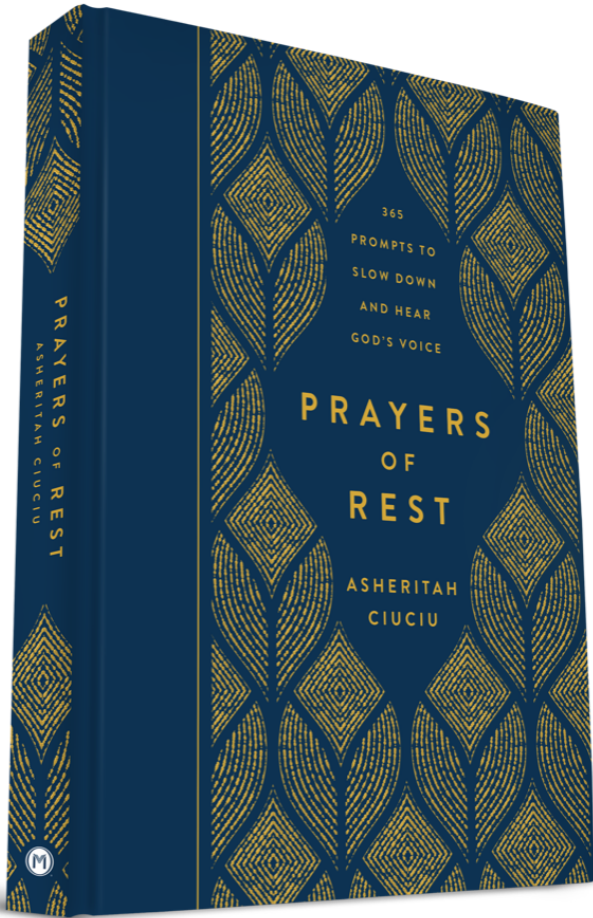
Friend, I hope you've found hope, comfort, and strength as you meditated on (and perhaps, memorized) these key verses about Putting on the Armor of God.



If you'd like to continue resting in the victory of Christ Jesus, join us for season eight on the Prayers of REST Podcast as we pray through each piece of armor together! You can also invite a few friends to join you as you pray together each week. Go to prayersofrest.com or look up "Prayers of REST" wherever you get your podcasts.

[LISTEN NOW](#)





DO YOU FEEL TOO BUSY TO PRAY?

Then you're invited to find REST in God's loving presence.

In Prayers of REST: Daily Prompts to Hear God's Voice, Asheritah Ciuciu offers you a respite from your spiritual to-do list.

She provides guided prayers that will focus your mind and heart on Scripture. Using a memorable acronym and daily Bible verses, this prayer devotional will guide you through worship, confession, stillness, and surrender. You'll learn to:

- Recite God's Goodness
- Express Your Neediness
- Seek His Stillness
- Trust His Faithfulness

Don't let distractions pull you away from God. When the duties of life begin to weigh on your mind . . . that's exactly when you need to REST in the Lord.



BUY NOW



BUY NOW



BUY NOW



BUY NOW



BUY NOW



BUY NOW